

FIND YOUR BALANCE.

Yoga at the Preserve

Classes welcome beginners and will provide modifications for all levels. Enjoy mindful movements of restoration and rejuvenation.

WEDNESDAYS @ 5pm

WITH SHELBY

OCTOBER 2

OCTOBER 9

OCTOBER 16

OCTOBER 23

OCTOBER 30

SATURDAYS @ 11am

WITH SAMANTHA

OCTOBER 5

OCTOBER 12

OCTOBER 19

OCTOBER 26

\$10 each class

Register online at <http://register.ccparkandrec.com>
For more information, please contact Lauren Piorkowski
at 361.826.3311 or laurenp@cctexas.com

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www.osopreserve.com

Live. Learn. Play!

