

## CORPUS CHRISTI-NUECES COUNTY PUBLIC HEALTH DISTRICT



1702 Horne Road  
Corpus Christi, Texas 78416  
PHONE (361) 826-7200 FAX (361) 826-4526

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Press Release

Contact Noelia Rodriguez, Public Information Officer, 361-826-7220

### **HEALTH OFFICIALS CONFIRM H1N1 DEATH IN NUECES COUNTY**

The Corpus Christi-Nueces County Public Health District announced today they received confirmation of an H1N1 (Swine) flu related death of a local man who died yesterday in a local hospital.

He was hospitalized around the first week in October and is between 45 to 65 years of age. The deceased did have other underlying conditions.

This marks the fourth H1N1 death in Nueces County since the revised reporting period began September 1, 2009. The first H1N1 confirmed death in Nueces County was reported in May of this year.

“Because this virus is very different from the current seasonal influenza virus, most people will not have any protection against it,” states Dr. William Burgin, Jr., Local Health Authority.

Symptoms of H1N1 (Swine) Flu in people are similar to those of regular “seasonal” flu and include fever, lethargy, lack of appetite, sore throat and/or coughing. Some with swine flu have also reported runny nose, nausea, vomiting and diarrhea.

If you become ill with these symptoms you should contact your private provider or call 211 for advice on whether or not to seek medical attention. If you have symptoms that are becoming progressively worse you should immediately seek medical attention for treatment.

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Health officials are advising residents to do their part to prevent the spread of any respiratory illness and follow these standard precautions:

- Practice good hand washing hygiene and proper cough & sneezing etiquette.
- Stay home when you are sick to avoid spreading illness to others, and be prepared to be ill.
- Get your flu shot this year, both the “seasonal flu” and the H1N1 flu vaccine as they become available.

For confidentiality and personal privacy reasons the Health District will not be releasing or confirming any additional identifying information.

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